

KARI HANSEN

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📞 864-517-0507

📍 Greenville, SC 29611

SUMMARY

Compassionate Counselor who brings seven years of experience in mental health support and crisis response. Develops successful therapeutic processes and encourages honest discussions to help improve mental health. Shows empathy and understanding to clients of various backgrounds and needs.

SKILLS

- Family Therapy
- Client Advocacy
- Suicide Prevention
- Substance Abuse Counseling
- Behavior Modification
- Client Counseling
- Grief Counseling
- Building Rapport
- Solution-Focused Counseling
- Mental Health Support

EXPERIENCE

07/2018 - Current

Licensed Professional Counselor, Greenville Counseling Associates, Greenville, SC

- Assist clients with identifying feelings and behaviors by asking open-ended questions.
- Conferred with clients to discuss treatment options and therapy goals.
- Provided crisis intervention services when necessary.
- Advised family members on how best to support the client's recovery process.
- Coordinated referrals for specialty care when needed.
- Created an environment of trust that enabled clients to openly discuss their feelings and experiences.
- Assisted clients with developing relevant skills to improve functionality in social, educational and vocational situations.

06/2018 - 05/2019

Licensed Professional Counselor, Phoenix Center, Greenville, SC

- Assisted clients with identifying feelings and behaviors by asking open-ended questions.
- Conferred with clients to discuss treatment options and therapy goals.
- Provided crisis intervention services when necessary.
- Participated in regular supervision meetings with supervisors to review case notes and discuss current cases.
- Facilitated psychoeducational groups focused on topics such as stress management, communication skills, anger management, and self-esteem building.
- Worked collaboratively with other healthcare professionals to ensure comprehensive care for patients.
- Conducted assessments to identify mental health issues, diagnose disorders, and develop treatment plans.
- Facilitated therapeutic groups that addressed treatment issues and reinforced patient's treatment plan.

EDUCATION AND TRAINING

- 05/2018 **Masters Of Education, Clinical Mental Health Counseling**
Winthrop University, Rock Hill, SC
- 05/2016 **Bachelor Of Science, Psychology**
North Greenville University, Tigerville, SC